

## Safe Sanctuaries Quiz for Volunteers

---

Volunteer's Name

Circle the correct answer & return the quiz to Vicki Bender in person or via email. ([vbender001@gmail.com](mailto:vbender001@gmail.com))  
Make sure to print your name at the top of this page & sign on the last page. Good luck!

1. **If a child/youth under the age of 13 wants to follow you on Twitter or other social media site, you should:**
  - a. Contact their parents for permission after you have given them your info.
  - b. Give them your contact info.
  - c. Contact their parents for permission before you begin communicating with them.
  
2. **Safe Sanctuaries only protects children/youth.**
  - a. True, they are the only ones that need protecting.
  - b. False, it protects not only children/youth, but the church and its volunteers.
  - c. Not sure.
  
3. **If an older child/youth needs restroom assistance because of handicap or accident...**
  - a. Call their parents to come take care of them.
  - b. Take a second adult with you into the restroom so that you are not alone with the child/youth.
  - c. Nothing, they should take care of themselves.
  
4. **Physical boundaries with children/youth include...**
  - a. Not letting them play beyond fences or near the parking lot or street.
  - b. Not letting a child of any age sit on your lap if you are a man or over the age of 5 if you are a woman.
  - c. Are different at church because Christians are supposed to love one another.
  
5. **A key factor in sexual harassment is...**
  - a. It must happen between people of the opposite sex.
  - b. It depends on the mood of the person being harassed.
  - c. It all comes down to the other person's perception.
  
6. **Appropriate discipline includes...**
  - a. Whippings, smacking & other forms of corporal punishment.
  - b. Affirmation, encouragement & other forms of positive reinforcement.
  - c. Name calling, shunning & other forms of humiliation.
  
7. **An 18 year old...**
  - a. Is not considered an adult & must adhere to all rules set for youth until after they have graduated high school.
  - b. Cannot volunteer with children/youth unless there is a five year or more age difference between them.
  - c. Both A & B
  
8. **After taking this quiz...**
  - a. I am going to completely forget about everything I learned.
  - b. I am going to run up to the first child/youth I see & give them a hug.
  - c. I am going to sign it, turn it in to the office & follow the procedures laid out in the policy.
  
9. **Married couples can never work together.**
  - a. False, they may work together if there is a third adult present.
  - b. True, they will be so distracted by their love for each other that they won't be able to work.
  - c. It doesn't matter; married couples don't like to spend more time together than they have to!
  
10. **Is it okay to change a diaper on infants/toddlers?**
  - a. No, never!
  - b. No, you should call the parents to come and do it.
  - c. Unless a parent has requested you not to, it is appropriate to change them, just do it in the open.

11. **Is it okay to “friend” a youth over the age of 13 on Facebook or other similar social media sites?**
  - a. No, it’s not appropriate for adults to have contact of any kind with children/youth outside of church.
  - b. Yes, why should the church care about what I do in my private life.
  - c. Yes, as long as the youth initiates the contact.
  
12. **Safe Sanctuaries was created to...**
  - a. Annoy volunteers & make them paranoid.
  - b. Prevent the opportunity or appearance of abuse of children/youth.
  - c. Protect volunteers from misbehaving children/youth.
  
13. **In your interactions with others...**
  - a. It’s not the intent that matters, but how it is perceived by others.
  - b. Only talk to others if a second person is present.
  - c. Try to avoid interactions with anyone of the opposite sex.
  
14. **What if I want to work regularly with children/youth, but don’t want to do a background check?**
  - a. We will let you work anyways; we don’t like wasting money on the silly things!
  - b. That’s not an option, all adults working regularly with children/youth must be Safe Sanctuary certified.
  - c. We will be suspicious of what you are hiding & refuse to let you work with children/youth.
  
15. **Safe Sanctuaries can best be summed up by...**
  - a. Be prepared for emergencies; always carry a first aid kit & a flashlight.
  - b. Try to never be alone with children/youth. If you find yourself alone, use common sense w/interactions.
  - c. It’s an unnecessary nuisance.
  
16. **Abuse includes...**
  - a. Confiscating a child/youth’s cell phone.
  - b. Failing to prevent an incident of abuse.
  - c. Telling children/youth corny jokes.
  
17. **The suggested way to avoid problems is...**
  - a. Stay home.
  - b. Make all parents stay during class/event.
  - c. Don’t be alone with children/youth.
  
18. **Is it okay to hug children/youth?**
  - a. No, physical contact is not something we believe in.
  - b. Yes, hugs are required by the United Methodist Book of Discipline.
  - c. Yes, but a child/youth must initiate the hug.
  
19. **If a member of the media contacted you regarding an incident you should...**
  - a. Hang up on them & call the church.
  - b. Refer all questions to the church which will get them in contact with RUMC’s designated contact.
  - c. Talk freely about whatever you know.
  
20. **If a child/youth tenses up when hugged, you should...**
  - a. Hug harder, they must be acting shy.
  - b. Back off immediately, they are obviously uncomfortable.
  - c. Give them your coat, they must be cold.

I certify that I have completed the Safe Sanctuaries PowerPoint training and I am the one who answered the questions in this quiz.

\_\_\_\_\_  
Volunteer’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Volunteer’s Printed Name

Office Use Only	
_____ Date	_____ Score
_____ Safe Sanctuaries Admin Signature	